

Pediatric Asthma Risk Score (PARS) Sheet

	Possible Scores		Child's Score
	No	Yes	
1. Parental Asthma	0	2	
2. Eczema before age 3 years	0	2	
3. Wheezing apart from colds	0	3	
4. Wheezing before age 3 years	0	3	
5. African-American Race	0	2	
6. SPT positive to ≥ 2 aero and/or food allergens	0	2	
Child's PARS (add lines 1-6 above):			

Patient Score Interpretation

Score	Risk of Asthma by age 7 years	Interpretation	
0	3%	LOW RISK	Children with these scores have a 1 in 33 [score of 0] to a 1 in 9 [score of 4] risk of developing asthma by age 7 years
2	6%		
3	8%		
4	11%		
5	15%	MODERATE RISK	Children with these scores have a 1 in 7 risk [Score of 5] to a 1 in 3 [Score of 8] risk of developing asthma by age 7 years
6	19%		
7	25%		
8	32%		
9	40%	HIGH RISK	Children with these scores have a 2 in 5 [Score of 9] to a 4 in 5 [Score of 14] risk of developing asthma by age 7 years
10	49%		
11	58%		
12	66%		
14	79%		